



# St Anthony's Clwb Hapus After School Club



As we step into spring, we begin to enjoy longer days and lighter evenings. At Clwb Hapus, the warmer weather has meant that we have been able to take the children onto the school playground where they can play a variety of games. It is a joy to see the older children playing alongside the younger children and using their imaginations to develop games that all children can play.



## Planetree Adventure

This is very popular with the children learning teambuilding and problem solving skills. Activities have included compass reading and using flint and steel to create a spark (adults only lighting the actual fire!). The children particularly enjoyed drinking hot chocolate made over a fire that they helped to build. This will continue after the Easter break.

The children love learning basic self defence in a safe and fun environment. This helps develop concentration and self discipline in addition to the obvious fitness benefits.



## Mindfulness Colouring

As we look forward to Easter, we have been encouraging mindfulness colouring, proven to relax the mind, body and spirit, contributing to the positive development of children's wellbeing. These have become part of our creative display in the school hall.



HAVE A LOVELY EASTER



To book your child into Clwb Hapus, please phone the school office

01244 680480