



# Tae Kwon Do at Clwb Hapus



## Two sessions each week

Session 1—3.30pm—4.15pm for  
Foundation Phase

Session 2—4.30pm to 5.30pm for  
Juniors

Sessions start 24th March and  
runs for ten weeks

Build your children's skills in:-

- Fitness
- Team building
- Self defence
- Building confidence



Cost of Clwb Hapus session covers the cost of the  
class

Only £6 per child and £5 for siblings, per two hour  
session

Children must be booked in to take part

Speak to Angi for more information