

**Ysgol Gynradd Gatholig St Anthony
St Anthony's Catholic Primary School
Newyddlen Tymor y Hydref - Medi 22 2023
Autumn Term Newsletter - 22nd September 2023**

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ATTEND AND ACHIEVE!

Please remember to phone school when your child is off to let us know or it will be recorded as an unauthorised absence.

Whole school attendance for this week is:91.6%

Our school target is 96%



BREAKTIME - AS YOU ARE ALL AWARE, all schools in Wales have a legal duty to promote healthy eating in schools. We have tried to take a balanced approach at St Anthony's asking children for their opinions. The school council spent a long time discussing healthy snacks at break time. They decided the following snacks were suitable for breaktimes;

Any type of fresh fruit	Vegetables	Dried fruits	Raisins
Lentil crisps	Humus	Bread sticks	Cereal bars



The school council were very clear on saying no to the following:
Chocolate, sweets, chewing gum, crisps, peanuts and fizzy pop.

We have a fruit club for our Junior pupils which is run by pupils in Year 6 every day before break time and is 20p per day (cash payments) for fresh fruit snacks of their choice.

Foundation phase pupils are provided with a healthy snack each day, (20p per day/£1 per week). Payments can be made via school gateway. You can pay daily, weekly, termly or for the whole school year whichever is best for you.



ASTHMA - If your child is asthmatic, has been newly diagnosed with asthma or if the school has not been told please can you inform us immediately either by letter or email. Your child must have a spare inhaler in school at all times - before sending any medication including inhalers into school can you please check that they are in date.



UPCOMING NEWS/INFORMATION TO LOOK OUT FOR:

- 1st Holy communion - Letters will be being sent out with information about first holy communion in the next 2 weeks.
- Settling in parent's evening - dates and times for this will be provided on next weeks newsletter.
- Mr Morgan will be giving out information regarding football training for boys and girls.

HARVEST MASS - October 25th at 9.30am for years 5 and 6 parents in the school hall.

CHESTER FOOTBALL CLUB. We have been given four free season tickets for Chester football club again this year, which can be borrowed from school, for use by our school families. Each child has to be accompanied by an adult to each game. Please contact the school office if you wish to borrow the tickets.



Week 2 Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Sticky BBQ Baked Sausage or Sticky BBQ Baked vegan Sausage both served with mustard mash and garden peas,	Tuscan Chicken and Pasta with sweetcorn and garlic bread. Or Healthy vegetable soup and roll.	Roast dinner Or veggie roast dinner.	Baked fish fillet with mash and beans or Chilli Non-Carni with rice and peas.	Chicken nuggets with chips and veg sticks or Vegetable tortilla stack with chips and veg sticks.
Yoghurt and fresh fruit.	Jelly and fresh fruit.	Oat Flapjack and fresh fruit.	Yoghurt and fresh fruit.	Cocoa Cornflake cake with fresh fruit.
Fruit and water made available daily.				
A choice of sandwiches, pasta pots and Jacket potatoes with a choice of fillings are also available daily.				